

General Information/Consent Form for Patients

Information

1. Please be assured that all patient/practitioner relationships are kept in the strictest of confidence.
2. A first time consultation fee of \$90 will apply. The first consultation takes 1 hour.
3. Acupuncture sessions, approximately 1 hour per session, include the consultation and the fee is \$70. A package of six sessions can be pre-paid for \$360.
4. Facial cupping alone is a half hour session and the fee is \$70. One session of facial cupping combined with medical (body) acupuncture is \$100 for 1 hour. A package of 6 sessions of facial cupping (1/2 hour each session) can be pre-paid for \$360. A package of 6 sessions of facial cupping and medical (body) acupuncture (1 hour each session) can be pre-paid for \$500. NOTE: Facial cupping alone will not be covered by private medical insurance, but the combo sessions will as they involve medical acupuncture.
5. Body cupping sessions alone last for half and hour with a fee of \$70. A package of 6 sessions of body cupping (1/2 hour each session) can be pre-paid for \$360. NOTE: Cupping sessions *alone* will likely not be covered by private medical insurance.
6. Herbal formulas vary in cost, depending on the prescription and will cost \$10 to \$30 per week.
7. All services and products will be charged GST.
8. Payment for treatment(s) is by cash or cheque only (no credit cards) at the end of each treatment. Please note that a charge of \$20 will be imposed on NSF cheques.
9. At least 24 hours notice is required for cancellations, or the full session charge will be implemented.
10. Please note that if you are more than 15 minutes late, treatment may not be given, although full charge will be implemented. This is because it can disrupt the treatments of subsequent patients.
11. Please ensure that you have eaten within 3 hours prior to acupuncture treatment.
12. Acupuncture treatment may be refused if:
 - a) patient has consumed alcohol or recreational drugs within 24 hours of treatment.
 - b) at the discretion of the practitioner.
13. Please do not brush your tongue the day of the consultation, as observation of the tongue is important for a Traditional Chinese Medicine diagnosis.

Preventing illness is always preferable to treating illness, so when we have achieved our goals, I suggest we maintain visits every few months or every season.

Our first visit together will be an hour long and is a complete consultation. We will discuss your health history and chief complaints. I will then diagnose you according to Traditional Chinese Medicine principles and create a personalized treatment plan.

Acupuncture heals from the outside in and traditional herbs treat you from the inside out...together they make a powerful therapy.

{Please turn page for remainder of information and consent form}

Please write down or bring with you any pharmaceutical medication and any vitamin supplements you may be currently taking, so I may record them in your file. To make the best of our time together, you may want to write down any questions you have concerning your health or about Traditional Chinese Medicine.

CLINIC LOCATION:

Location: Regent Medical Building, #410-2184 West Broadway. On the south side of the street between Arbutus and Yew Streets

Parking: There is free parking on the side streets, meter parking on West Broadway Street, and a pay parking lot, directly behind the building.

Transit: The closest bus stop is West Broadway and Arbutus. The clinic is located on the southeast corner of West Broadway and Yew Street.

Consent Form

Please read carefully and ask your practitioner if you have any questions or concerns.

Traditional Chinese Medicine, acupuncture, and other treatments provided by this clinic have been proven to be highly effective and safe. However, practitioners are required to inform patients that there may be some risks and practitioners cannot anticipate all of the possible complications and risks. In general, the following are some of the side effects that can occur.

- Drowsiness following treatment. If this occurs, you are advised not to drive following treatment
- Minor bleeding or bruising can occur from acupuncture
- Bruising, like that of a hickey, from cupping
- Irritation of the skin due to allergies if a topical lotion or oil is used. Please inform your practitioner if you have any allergies.
- Rarely, fainting can occur, particularly in new patients. To lessen the possibility, it is recommended not to receive a treatment without having consumed some food within 2-3 hours of treatment. It is also advised to inform your acupuncturist if you are nervous of needles or have a history of fainting for any reason.
- In a small percentage of patients, symptoms can become worse before improving. This is generally a sign that healing has begun. If the worsening of symptoms is severe or lasts for more than 2 days, contact your practitioner.

Please inform your practitioner of the following:

- If you are pregnant
- If you have a pacemaker or other electrical implant
- If you have a bleeding disorder
- If you are taking anti-coagulants (blood thinners) or any other medication
- If you have any allergies
- If you have ever felt faint or had any unusual or negative sensation from acupuncture or medical treatments
- If you are at higher risk for infection

I, the undersigned, have read and understood all of the above. I further agree to abide by the requirements set out therein.

(Signature of the patient)

(Signature of the practitioner)

(Printed name of the patient)

(Date)